

The little black BOOK

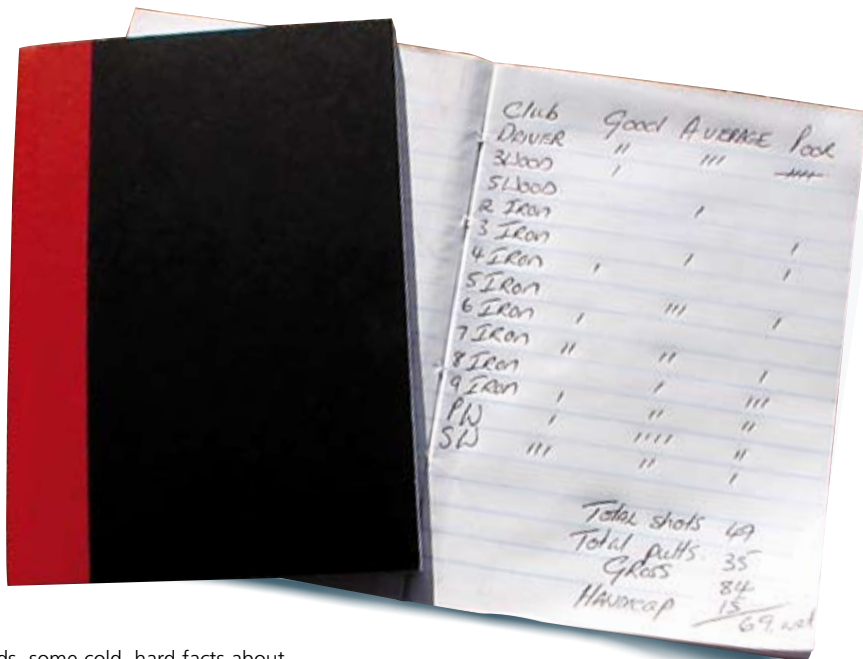
It's easy to walk off the golf course after a bad round not really knowing what went right or wrong. This can be frustrating if you are looking to improve your game, but there's a simple exercise that can help you and your PGA pro analyse your game and take the guess work out of your practice – get yourself a 'little black book'.

CARD INSPECTION

THE BIGGEST and most important step towards lowering your handicap is to identify your weaknesses, and the easiest way to discover what you are worst at is to analyse your golf rounds shot by shot. Grade every shot you hit from good to poor and be honest with yourself. The golf shots you grade as 'good' should include those that achieve the result you were looking for, for example, drives on the centre of the fairway and 'holeable' putts made (inside 10 foot is a good yardstick). 'Average' would represent shots that just miss the mark, for example, shots that drift just into the light rough or land on the fringes of the green or bunkers. 'Poor' shots would include those that put you in trouble deep rough, trees or worse, bunker shots that fail to escape the sand and missed putts under eight foot.

When you're done with your round, record every shot in your little black book. The report will present you with a very clear picture and show you precisely where you excelled and where you didn't. In other words, some cold, hard facts about your game. Some might please you, others might be disturbing, but either way, it'll show you what parts need work to knock a few strokes off your handicap.

Best of all, by doing this, you'll actually be able to surprise your pro! We are in the business of showing you how to improve your golf and make the game more enjoyable and if you hit us with some of your own statistics, you'll be helping us help you.



"When you're **done** with your round, **record** every shot in your little black **book.**"



JACQUES BEUKES is a full member of the PGA of South Africa and a Mizuno staff pro. For the past three years, he has been on the teaching staff at the Jamie Gough Golf School in Cape Town and has recently moved to his own golf academy situated in Ballito, KwaZulu-Natal. Jacques has taught both in the US and SA, coached the WP under-14 and under-18 girls teams, worked with the SAGDB and even taught the SAPS Korean Golf School! **Cell 082 779 0513, e-mail pro@ballitorange.co.za; website www.jbgolfacademy.co.za**