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GOLF SCHOOLS**

THE CHAIN REACTION



JUST LIKE THE chain links that propel a bicycle, your golf swing needs its cogs and links to work together like a strong, well-oiled machine.

Getting everything moving and working in the correct order, or sequence as I like to call it, in a golf swing is crucial for a golfer to attain any level of consistency. It is due to this order that players run into trouble when attempting to fix faults (missing links) in their own swings (chain). More often than not,

golfers do not pay enough attention to their basics in the fault-finding sequence. Fixing faults with faults or working on fundamentals that occur later in the swing are some of the most common mistakes amateurs make, not to mention simply aiming at the trees on the left through fear of slicing. This quick-fix patchwork type of swing repair is simply a recipe for disaster and will never bring long-term success or consistency to a golfer's game. It is so important when analysing

swing faults to go back to the basics and look earlier rather than later in the movement. Ninety percent of all swing faults start at the address position (grip, posture or alignment). The take-away is the next link in the chain and then backswing, transition, downswing, impact and through to the followthrough. Any breakdown in this chain will cause inconsistent ball striking and leave us searching for the missing link. My best advice is to start at the very beginning!